

## Backpack Packing List

Troop 1916

	What	Weight
1.	Backpack (designed to put weight on hips)	
2.	Sleeping Bag (+ compression stuff sack very desirable)	
3.	Sleeping Pad (required for winter)	
4.	Tent (be sure poles, rain fly, and ground cloth are included, don't bring extra stakes) (if your buddy is providing—trust but verify)	
5.	Ziploc Bags, Garbage Bags, aluminum foil (1 sq ft)	
6.	Rain coat/poncho (lightweight)	
7.	Clothes (one extra set/layer, preferably synthetic), fleece/sweatshirt, etc.	
8.	Hiking/snow boots (waterproof more important than support in winter)	
9.	Warm hat and gloves (so hands can do work instead of warming in pockets)	
10.	Water (2-3 liters capacity) (bladders fine on trail, but also need bottle with volume marks for use in camp—cooking, water filtering)	
11.	Food (each Scout provides; everyone is grubmaster; practice at home before trip)	
12.	Stove and fuel (practice lighting in your backyard before the trip; if your buddy is providing—trust but verify)	
13.	Fire Starting Gear (matches, magnesium/steel, cotton balls and petroleum jelly)	
14.	Pot, hot pot tongs (plan to boil 16-20 oz of water)	
15.	Cup/Bowl/Dish & Spoon (do not bring full mess kit)	
16.	Pocket knife (small and lightweight)	
17.	Flashlight (headlamp best option, check your batteries)	
18.	Toilet Paper and Paper Towels (in ziploc bag)	
19.	Rope/Cord (50' parachute cord), duct tape (18-24", for repairs)	
20.	First Aid Kit (keep it simple, Band-aids, Neosporin, wipes, moleskin/duct tape)	
21.	Wrist watch (know when it will be dark, time your cooking)	
22.	Sunscreen, Bug Repellent (not needed in winter)	
23.	Compass, Maps, Whistle, Signal mirror	
24.	Soap (very small bar soap in ziploc or liquid soap in film canister)	
25.	Toothbrush/small tube of toothpaste (do not bring deodorant on trail)	
26.	Sandals for use in camp (covered toes!) (optional; desirable in summer)	
27.	Water Treatment (optional; adult leaders will provide)	

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28.	Pillow (optional, can use extra clothes)	
29.	Bear Bag (best if other than sleeping bag & tent stuff sacks, b/c it may get wet)	
30.	Bear Bag ropes/pulleys, bandana (optional; adult leaders will provide)	
31.	Backpacking saw (optional; adult leaders will provide)	
	Total Weight	

A small extra bag can be brought on trip that stays in the car. Items like a phone, deodorant, extra food, etc can be left in this bag.

In general, all things that smell need to go in the bear bag at night. That includes all food (no exceptions), any bottles that contained sweet drinks, mess kit, first aid kit (lotions), toothpaste, bug spray, duct tape, etc. Anything that food spills on (e.g. gloves), must go in bear bag. If food spills on stove during cooking, it goes in the bear bag.

Please do not bring messy drink mixes or any needless things that smell (like deodorant, fragrant soaps) on the trail.

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### Change log notes:

23 Mar 2015 – (mforrer) Added camp shoes, soap, paper towels, bear bag ropes/pulleys; clarified which things provided by adult leaders; reordered to put optional items at bottom; added numbering.

23 Mar 2015 - (mtouse) Changed description of clothing to limit to one extra set. Added aluminum foil, signal mirror, duct tape (to rope line)